



• vegetarian
It is our endeavour to take special care of all our guests. If you or anyone in your party is allergic to any ingredient, please inform your server before you order your meal and they would assist in ordering food items to suit you.

All prices are in Indian rupees and exclusive of any applicable taxes.

# BREAKFAST

	Choice of proprietary cereals corn flakes, wheat flakes, chocos, honey loops or muesli, accompanied with hot or cold milk	400
	Choice of homemade cereals oat meal porridge or broken wheat stewed in milk, accompanied with honey	350
• •	Breakfast breads (choice of any three) croissants, brioches, danish pastries, doughnuts, assorted muffins, whole-wheat rolls, multi-grain bread or white bread, accompanied with butter and preserves	350
	<b>Eggs cooked to order</b> fried, boiled, scrambled or poached omelette or akuri, accompanied with grilled bacon or sausage, hash brown, sauteed spinach in olive oil and grilled tomatoes	450
	Cold meats choose from salami or mortadella	450
	French toast raisin brioche slice bread, accompanied with honey, butter and maple syrup	400
	Waffles accompanied with a melted butter, honey and maple syrup	425
•	Breakfast pancakes with a choice of cinnamon, banana or plain, accompanied with honey, melted butter and maple syrup	425

	a classical baked bean with a flavour of tomato, accompanied with toast	250
•	Tawa parathas whole-wheat parathas with choice of fillings - potato, cauliflower, cottage cheese or plain	400
•	Poori bhaji whole-wheat poori with mild spiced potato curry	425
•	Dosa fermented rice pancake with choice of fillings - potato masala or plain, accompanied with sambhar and chutney	425
•	Uttappam fermented rice pancake with a topping of tomato and onion, accompanied with sambhar and chutney	425
•	Idli steamed rice and lentil dumplings, accompanied with sambhar and chutney	425
•	Medu vada deep-fried lentil doughnuts, accompanied with sambhar and chutney	425
•	Sabudana khichdi delicately tempered sago pearls with mustard, cumin, curry leaves and green chilli with a hint of ghee	425

# Healthier Options

•	Freshly squeezed seasonal vegetable or fruit juices papaya, carrot, tomato or cucumber	250
•	Breakfast salad of homegrown sprouts fresh greens and semi-dried tomato	325
•	All-bran cereals served with low-fat yoghurt or skimmed milk	350
•	Multi-grain, rye or whole-wheat bread toasted or plain with low-fat butter and preserves	300
	Egg white omelette served with whole-wheat toast	500

# COMFORT FOOD

# Soups

• •	<b>Italian minestronè</b> as popular as the country itself, the 'big soup' is an ensemble of vegetables or lamb; served as a soup with the addition of pasta or rice	500
• •	Shorba originating in india, a thick flavoursome soup prepared from vegetables or lamb and garnished with herbs	500
	Main Course	

# Non-Vegetarian

•	Spaghetti carbonara classic italian pasta preparation cooked in a rich creamy sauce with egg yolk and freshly cracked black pepper	800
•	Goan fish curry a spicy indian sea food gravy made with red chillies, ginger, peppercorn and vinegar; served with steamed rice	900
•	Butter chicken chicken chicken morsels cooked in a clay oven and finished in a creamy fenugreek flavoured tomato gravy and served with naan	850
•	Kheema pao a popular delicacy from mumbai, minced lamb simmered with spices and red chilli, served with indian breads	850

# Vegetarian

•	Pan-grilled paneer (with indian spices) a popular appetiser across the country, soft cottage cheese grilled on a bed of indian spices and served in an ensemble of vegetables	625
	Dal makhani known for its generous portions of cream, this treasured staple dish of the north consists of whole black lentils and kidney beans slow cooked with herbs and spices, served with a choice of steamed rice or naan	675
•	Vegetable stew a combination of various vegetables cooked and seasoned with herbs, slow cooked in tempered coconut milk and served with steamed rice	625
•	Bhelpuri and dahi bhalla  presenting two of the most popular savoury snacks, served originally on the streets of india and pakistan  the delicious and complex flavours will have you asking for more	600

# Desserts

•	Crème brûlée (sugar free) literally known as 'burnt cream', it is a rich custard base topped with layers of hard caramel	450
	Phirni (sugar free) a traditional south asian dessert, prepared from rice, sweetened milk and flavoured cardamom, saffron and almonds	450
•	Chocolate mud pie / browniè absolutely sinful with a googy chocolate filling on top of a crumbly chocolate crust	450

# SALADS AND SOUPS

•	Salade niçoise tuna, boiled egg, potato, green beans, tomatoes and french vinaigrette	575
•	Tangy prawn cocktail fresh shrimps with tangy cocktail sauce	575
•	Aguada salad sliced pears, walnuts, crumbled blue cheese and organic greens drizzled with balsamic vinaigrette	450
	Salata horiatiki traditional greek salad with greens, vegetables, feta cheese and olives	550
•	Combine your own salad ingredients: lettuce, cucumber, cherry tomatoes, olives, potatoes, bean sprouts, carrots, beetroot and spring onion	450 / 500
•	with choice of dressings: yoghurt, honey, pepper, mustard, italian, french or thousand island	
•	with choice of toppings: roasted chicken, boiled shrimps, marinated peppers or grilled zucchini	

	Cheesy potato wedges crisp potato wedges topped with cheese and paprika	450
•	Vegetable spring roll filled with stir-fried vegetables	500
•	Samosa indian savoury snack filled with tangy potato, accompanied with tamarind and mint chutney	425
•	Vegetable pakoda seasoned gram flour, batter-fried chosen vegetables, accompanied with a tamarind chutney	425
•	Tandoori paneer pakoda seasoned gram flour, batter-fried cottage cheese, accompanied with tamarind and mint chutney	425
•	Pao bhaji vegetables cooked with potatoes and spices, accompanied with leavened white bread	450
•	Norwegian smoked salmon accompanied with lemon, capers and cream cheese toast	850
•	Phad phak kai stir-fried chicken with bell peppers and mushroom	575
•	Malaysian chicken satay tender chicken morsels spiked with lemongrass and lesser ginger	575

	slow cooked plum tomato and red pepper soup	42
	Wild mushroom soup creamy mushroom soup	42
•	Sweet corn vegetable soup	40
•	Cream of chicken soup	450
•	Caldo sinquerim hearty goan seafood broth	500
	Tom yum traditional thai spicy clear soup	
•	Phak (vegetable)	32
•	Kai (chicken)	45
•	Goong (prawn)	50
•	Rasam	42

# SANDWICHES, BURGERS AND WRAPS

• •	Design your sandwich plain, grilled or toasted	550 / 625
• •	Choice of bread white, brown, multi-grain or croissant	
	With a choice of filling:	
•	roasted aubergine and olive	
•	lettuce, cottage cheese and caramelised onion	
•	chicken and cheese	
•	bacon, lettuce and tomato	
	Aguada vegetable club sandwich with marinated mushroom, grilled vegetable and topped with sliced cheese	600
	Cornucopia with grilled zucchini and artichokes, black olive pesto with shavings of fontina cheese	<b>52</b> 5
	Tomato, mozzarella crostini with lettuce and garlic paste	500

•	Aguada club sandwich choice of chicken, roasted tenderloin or tuna with bacon, lettuce, tomato, fried egg and mayonnaise in a triple decker of white or brown toast	675
•	Ham and cheddar cheese sandwich	625
•	Smoked salmon and cream cheese sandwich	625
•	Pan bagnet tuna flakes, tomato, egg slice, green pepper, onion rings and olive preserves in french baguette	625
•	Chicken tikka sandwich in focaccia spicy roasted chicken sandwich	625
•	Chicken croissant sandwich	625
•	Chicken shawarma with garlic aioli	625
•	Steak sandwich with peppered cheddar and caramelised onion	625

	Jumbo hot dog with choice of pork or chicken served with french fries, relishes and red onion	625
• •	Design your burger  vegetable, chicken or tenderloin  with bacon, cheese, fried egg, sauteed onions or grilled peppers, mustard mayonnaise	600 / 700
•	Paneer khurchan kathi roll shredded cottage cheese and bell pepper wrapped in flat bread	525
•	Tandoori chicken wrap grilled chicken and bell pepper wrapped in flat bread	700

# Main Course

# Goan Flavours

All recipes in this section are contributions made by individuals passionate about goan food. We have paid humble tribute to them by naming some of the dishes in their appreciation.

	Cashew nut, mushroom and peas xacuti — from the farms of valpoi whole cashew nut, button mushroom and green peas cooked in roasted and spiced coconut gravy	52!
	Bhindi sol okra flavoured with green chilli, fresh grated coconut and kokum	52!
•	Baby potato coriander young potatoes tempered with cashew nuts, yoghurt and spices	525
•	Cashew nut and sprouted moong ussal sprouted lentils cooked with roasted spices, cashew nut and flavoured with jaggery and tamaring	52!

•	Chef rego's goan okra, fish or prawn curry traditional goan curry flavoured with kokum and coconut, best had with goan rice	500 / 825 / 900
•	Pomfret rechado whole grilled pomfret marinated and encased with goan spices	1150
•	Aunty maria's pork vindaloo a traditional goan pork preparation with baby potato and pearl onion	750
•	Chef santan's cafreal spiced chicken green chilli and coriander, marinated grilled chicken, served with pan-seared potatoes	750
•	Chicken xacuti chicken cooked in roasted spices and coconut	800
•	Chicken jirem mirem chicken sauteed with crushed goan whole spices	800
•	Prawn balchao or coriander a traditional goan prawn preparation to your choice	900
•	Mutton sukha tender cubes of mutton simmered in roasted coconut gravy	800
•	Chorizo poie goan pork sausage chilli fry, served along with poie – a goan whole-wheat bread	750
	Chorizo pulao rice cooked with goan pork sausages	750
• •	Chef's special - vegetable or prawn karwari	625 / 900

# Rest of India

	Salakho wala paneer chunks of cottage cheese with onion, tomato and capsicum cubes prepared in a clay oven	625
	Dahi ki galouti shallow-fried thickened yoghurt patties	625
	Bharwan tandoori aloo cottage cheese, peas and nuts filled potato barrels cooked in a clay oven	625
	Vegetable shikampuri kebab vegetables and lentil patties, accompanied with mint chutney	625
	Murg sharmili kebab beetroot flavoured chicken chunks cooked in a clay oven	800
•	Tandoori murg spring chicken spiced with indian spices	800
	Tawe ki masaledaar macchi fish marinated in indian spices and cooked on a griddle	850
	Teekhi tandoori pomfret pomfret marinated in yoghurt and blend of spices and charred in a clay oven	1150
	Tandoori chicken tikka or malai tikka chicken morsels marinated with hung curd and indian spices cooked in a clay oven	800
•	Mutton seekh kebab	800

# Curries

•	Paneer palak, lababdar, makhani, kadhai or butter masala cubes of cottage cheese cooked to your choice of gravy	700
•	Subz miloni chosen vegetables cooked with whole indian spices	700
•	Bharali vangi baby brinjal simmered in roasted spices	700
•	Vilayati subzi exotic vegetables simmered in lahori gravy	700
•	Hing jeere ke aloo potatoes tossed along with cumin and asafoetida	700
•	Gobhi aloo adaraki cauliflower and potato tossed with a hint of ginger	700
	Kadhai jhinga king prawns simmered in roasted whole spices	850
•	Chicken chettinad chicken morsels simmered in chettinad spices	800
	Kombdi rassa chicken morsels simmered in roasted maharashtrian spices	800
•	Dhaniya murg chicken cooked along in coriander-chilli gravy	800
•	Murg tikka masala chicken morsels simmered in indian spices	800
	Murg awadhi korma tender chicken slowly cooked in a thick cashew nut-based gravy	800
•	Gosht saagwala mutton cooked along with garlic-flavoured spinach	850
•	Bhuna gosht tender lamb cubes finished with onion, tomato and dry whole spices	850
•	Gosht nehari lucknowi speciality of lamb simmered in yoghurt, potali spices	850

## Jain Specialities

Jain Specialities	
Jalpari paneer tikka tandoori cottage cheese parcels with crushed nuts	700
Paneer methi makhani, bhurjee, kaju malai diced cottage cheese cooked to your choice	700
Patta gobi mutter cabbage and tomatoes tempered with mustard seeds, curry leaves and chillies	700
Amchuri bhindi deep-fried okra flavoured with mango powder	700
Makai palak young corn pearls simmered in spinach puree	700
Singhada mutter ki subzi unique jain preparation	700
Kadhai subzi mixed vegetables cooked in assorted indian spices	700
Rice and Lentils	
<b>Biryani</b> our style of basmati rice cooked with yoghurt, mint, saffron, onion and tomato masala	
Available in a choice of:	
Vegetable	700
Chicken	850
Lamb	900
Prawn	900
Moong dal khichdi	375
lentils and rice simmered together and tempered with mild spices with vegetables or masala	
Pulao choice of peas or vegetables cooked with rice	425
Dahi bhaat curd rice tempered with curry leaves and mustard seeds	425
Yellow dal tadka tempered yellow dal	450
Steamed rice basmati or unpolished goan red rice	275
Green salad freshly sliced green vegetables	300
Raita with a choice of boondi and mixed vegetables	250
	Jalpari paneer tikka tandoori cottage cheese parcels with crushed nuts  Paneer methi makhani, bhurjee, kaju malai diced cottage cheese cooked to your choice  Patta gobi mutter cabbage and tomatoes tempered with mustard seeds, curry leaves and chillies  Amchuri bhindi deep-fried okra flavoured with mango powder  Makai palak young corn pearls simmered in spinach puree  Singhada mutter ki subzi unique jain preparation  Kadhai subzi mixed vegetables cooked in assorted indian spices  Rice and Lentils  Biryani our style of basmati rice cooked with yoghurt, mint, saffron, onion and tomato masala  Available in a choice of: Vegetable Chicken Lamb Prawn  Moong dal khichdi lentils and rice simmered together and tempered with mild spices with vegetables or masala  Pulao choice of peas or vegetables cooked with rice  Dahi bhaat curd rice tempered with curry leaves and mustard seeds  Yellow dal tadka tempered yellow dal  Steamed rice basmati or unpolished goan red rice  Green salad freshly sliced green vegetables  Raita

# Indian Breads two pieces per portion

•	Plain naan, butter naan	17
•	Garlic naan, cheese naan leavened bread cooked in clay oven	20
	Roti - with butter or plain whole-wheat bread cooked in clay oven	17
•	Pudina paratha or lachha paratha	20
•	Tawa paratha, tandoori paratha with choice of fillings - potato, cottage cheese or cauliflower	40
•	Malabari paratha a flaky south indian bread made from refined flour and pan-griddled	20
•	Tandoori kulcha with choice of fillings - cheese onion or masala	40

# INTERNATIONAL SELECTION

	Vegetable au gratin gratinated vegetables with cheesy crust	700
	Grilled vegetable platter with oregano, balsamic and buffalo mozzarella	700
•	Spinach, corn and sun-blushed tomato risotto drizzled with olive oil	700
•	Grilled whole pomfret accompanied with citrus mash and balsamic glazed vegetables	1150
	Fish 'n' chips traditional fried fish, accompanied with chips and tartar sauce	800
•	Grilled john dory accompanied with citrus mash, sauteed spinach and balsamic glazed vegetables	850
	Grilled arabian red snapper accompanied with baby potatoes and tomato butter sauce	1000
	Beer batter fried king prawns accompanied with homemade tomato sauce	800
	Pan-seared atlantic salmon accompanied with herbed potato mash, topped with sauteed tomato, spinach and mushroom	1200
	Rosemary and lemon crusted chicken accompanied with steamed vegetables	900
	Yakitori teriyaki marinated grilled breast of chicken with soba noodles	800
•	Nam prik pao – fish or chicken tossed with roasted chilli basil sauce	800
•	Grilled prime tenderloin steak accompanied with mashed potato and bell peppers	900
•	Grilled new zealand lamb chops accompanied with jacket potato and minted greens	1600
•	Grilled lobster tail accompanied with herb tossed vegetables and garlic crushed potato	1950
•	Paprika and garlic marinated grilled tiger prawns	1600

# ORIENTAL SELECTION

Choose a sauce base with the respective vegetarian or non-vegetarian addition. Kindly ask your server for the best possible combination.

## Sauces

Thai green or red curry	reen or red curry
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- Hot garlic
- Soya chilli
- Hot bean

## Oyster

with a choice of:

vegetable	/00
Chicken	800

	Prawns	850
•	Fish	800

# Noodles or rice of your choice:

<ul><li>Vegetarian or non-vegetarian</li></ul>	550 / 575
hakka or szechuan or burnt chilli garlic	

## Five treasure stir-fried vegetable 700

# KIDS' SELECTION

# Little Cub Portion (up to eight years old)

Steamed banana puree with milk	<b>27</b> 5
Warm vegetable puree - carrot, potato and peas	275
Spinach khichdi with ghee or butter	375
Fries	375
Cheesy mac - macaroni with cheese	400
Fettuccine with cheese or tomato basil sauce	425
Finger sandwiches (vegetable or chicken)	300 / 400
Chicken nuggets	425
Bone builders rice and chicken porridge	400
Desserts	
Banana split junior	325
Warm brownie with vanilla ice cream	325
Caramel custard with nutty ice cream	325

# WELLNESS CUISINE

# Appetisers

•	Char-grilled vegetables with marinated fresh corn	600
•	Poached egg salad iceberg lettuce, tomatoes, sprouted beans, croutons and parmesan shavings topped with poached egg and drizzled with extra virgin olive oil	600
	Main Course	
•	Wok-tossed spring vegetables	700
	Whole-wheat pasta with olive oil, vegetables and freshly plucked herbs	700
•	Steamed fish on a bed of stir-fried vegetables	800
•	Rosemary, mint and garlic-rubbed grilled chicken	900
	Dessert	
•	Honey-marinated orange salad	42
•	Yoghurt and blueberry terrine	425

DESSERTS	

•	Green tea panna cotta with hazelnut macaroon green tea infused single cream on the bed of green soil with hazelnut flavour macaroon	450
	Passion fruit cheese cake ginger based passion fruit cheese cake, accompanied with espresso ice cream, popping candy and gold leaf	450
•	Angoori rabadi cottage cheese dumplings in saffron flavour milk reduction	450
	Pista gulab jamun soft milk dumplings filled with pista	450
	lce cream choice of vanilla, chocolate, strawberry, alphonso mango, butterscotch or coffee	400
	Matka kulfi a traditional indian dessert, served in a clay pot	450
•	Fresh cut fruit platter exotic cut fruit platter	450
	Chocolate decadence vanilla flavour cream infused in chocolate cake, accompanied with wild berry ragout and mango ice cream	450
•	Vanilla cream brulee with pistachio biscotti macedonia of fruits with sugar coated pistachio biscotti	450
•	Goan dessert platter a slice of bebinca, dodol, pinag and doce, served with homemade coconut ice cream	450
•	Banoffee slice with nut crunch ice cream accompanied with cointreau caramel sauce	450

# BEVERAGES

	Seasonal fresh juices sweet lime, watermelon, pineapple, bitter gourd (karela), tomato, cucumber, beetroot, carrot or celery	250
	Cold coffee with or without ice cream	250
•	Choice of milkshake vanilla, chocolate, strawberry, mango or banana	250
•	Tender coconut water	250
•	Lassi or buttermilk (chaas) served plain, sweet or salted	250
•	Jal jeera non-alcoholic aperitif with cumin, lemon and mint	250
•	Coffee	250
•	Tea darjeeling, assam, herbal or flavoured	225
•	Bournvita, horlicks or hot chocolate	250
•	Decaffeinated coffee	250